



*Tomorrow's Workforce Today*

An Initiative of Workforce Solutions for the Heart of Texas



2022

We would like to thank our sponsors and partners for their service and contributions to the children and families in the Heart of Texas.

## Become a brain builder!

Child One is a parent and community engagement initiative of Workforce Solutions for the Heart of Texas. Each year, we create a calendar filled with a few of the amazing children we are raising in the Heart of Texas. This year, we included their amazing parents too! The photos are of parents and children doing everyday activities like showing affection, talking, reading, singing, and playing. These activities create loving positive relationships and they build strong healthy brains too.

This year, we are also excited to introduce LENA, a new partner and national nonprofit committed to improving child outcomes by increasing "early talk." The LENA project uses technology and teacher coaching to improve the language environment in toddler classrooms. You will see LENA's 14 Talking Tips throughout the calendar.

Education Service Center Region 12  
2101 W. Loop 340, Waco, TX 76712  
T: (254) 297-1212  
W: [www.esc12.net](http://www.esc12.net)

EOAC Head Start & Early Head Start  
500 Franklin Ave., Waco, TX 76701  
T: (254) 753-0331  
F: (254) 753-8223  
W: [www.hsehsonline.org](http://www.hsehsonline.org)  
W: [www.eoacwaco.org](http://www.eoacwaco.org)

Heart of Texas 2•1•1  
Heart of Texas Council of Governments  
T: Dial 211 for information and referrals.  
E: [211@hhsc.state.tx.us](mailto:211@hhsc.state.tx.us)  
W: [www.211Texas.org](http://www.211Texas.org)

Klaras Children's Center ECI  
324 S. 4th St., Waco, TX 76701-0890  
T: (254) 297-7089 or (866) 752-3451  
F: (254) 296-2932  
W: [www.kcceci.org](http://www.kcceci.org)

McLennan Community College  
Child Studies and Education Program  
1400 College Dr., Waco, TX 76708  
T: (254) 299-8786  
E: [dcopeland@mclennan.edu](mailto:dcopeland@mclennan.edu)  
W: [www.mclennan.edu](http://www.mclennan.edu)

Nurse Family Partnership Program  
Baylor/Scott and White Hillcrest  
T: (254) 202-1130  
W: [www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)

Texas Child Care Licensing  
W: [www.dfps.state.tx.us/child\\_care/](http://www.dfps.state.tx.us/child_care/)

Waco-McLennan County Library  
1717 Austin Ave., Waco, TX 76701  
T: (254) 750-5942  
W: [www.wacolibrary.org](http://www.wacolibrary.org)

Workforce Solutions Child Care Services  
1416 S. New Rd., Waco, TX 76711  
T: (254) 296-5374  
W: [www.hotworkforce.com/ChildCare](http://www.hotworkforce.com/ChildCare)

Introducing our newest partner:

**LENA**<sup>®</sup>

*Building brains through early talk*

[www.LENA.org](http://www.LENA.org)

Twitter. Facebook. LinkedIn. YouTube.

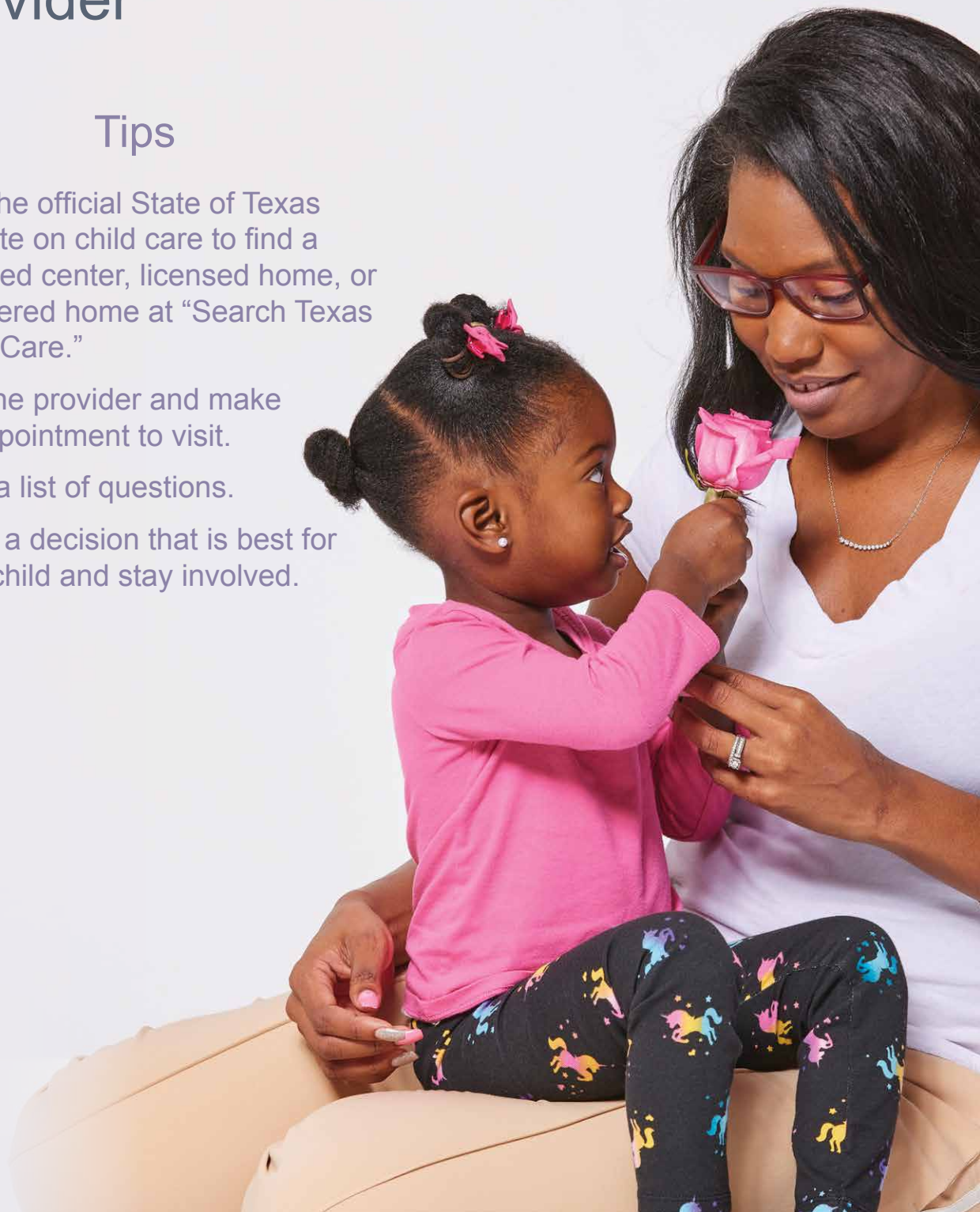
## Choosing a Child Care Provider

### Questions to Ask

1. May I see your state permit and your last inspection?
2. Do you have special training in early education, first aid, and CPR?
3. Are there enough caregivers to provide attention to every child?
4. What's a typical day like for a child in your care?
5. How do you protect the health and safety of children?
6. Do you use safe sleep practices with infants?
7. How do you discipline children?
8. How do you handle emergencies and under what circumstances will you contact me?
9. Do you participate in quality improvement programs like Texas Rising Star, Texas School Ready, or are you nationally accredited?
10. How will you discuss progress and concerns related to my child?

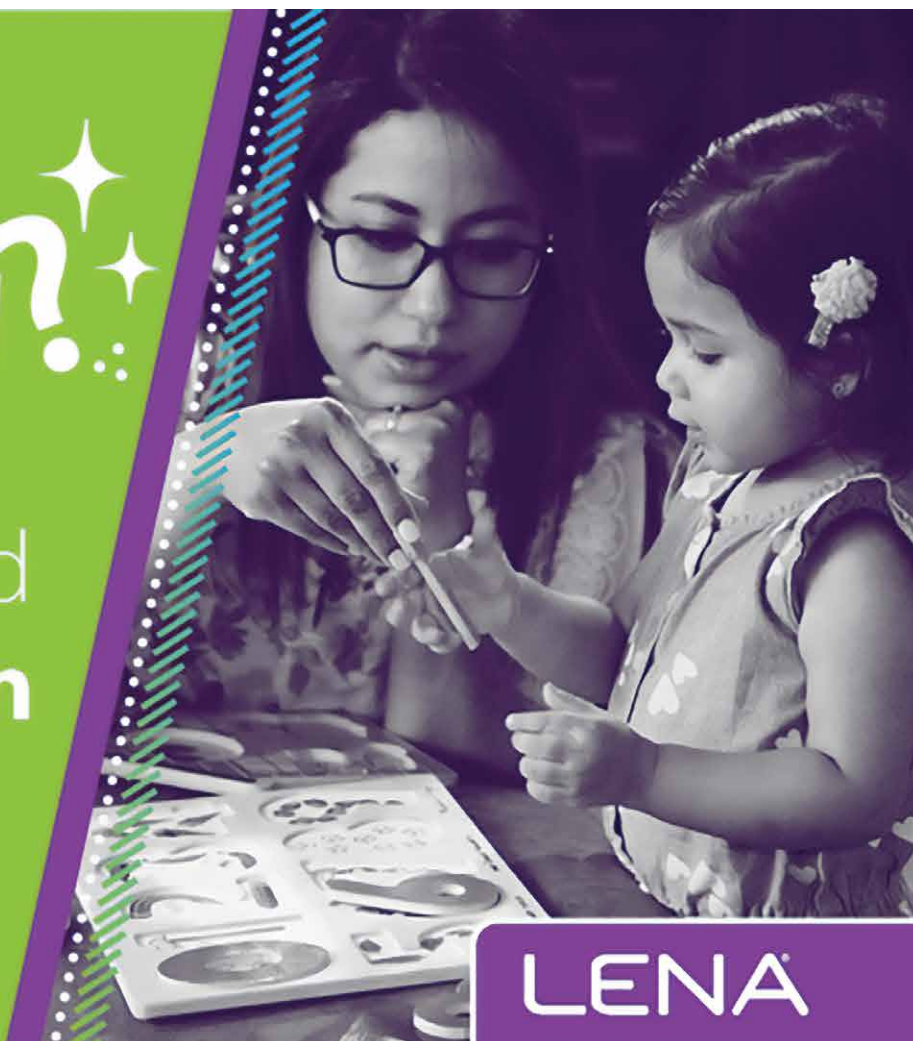
### Tips

1. Visit the official State of Texas website on child care to find a licensed center, licensed home, or registered home at "Search Texas Child Care."
2. Call the provider and make an appointment to visit.
3. Take a list of questions.
4. Make a decision that is best for your child and stay involved.



# Did you know?

Talking with babies is linked to **higher achievement in education!**



The amount of conversation children experience during the first few years of life varies widely. This 'early talk gap' leads directly to the 'achievement gap' later in school. There's a simple solution: More early talk! Learn more from @LENAearlytalk at [lena.org/achievement-gap](http://lena.org/achievement-gap).

## THE 14 TALKING TIPS

Use these tips to increase words & turns when talking, reading, or singing with a child.

1. **Talk about** what you're doing and thinking.
2. **Comment on** what they're doing or looking at.
3. **Name things** that they're interested in.
4. **Get down to their level:** face to face.
5. **Touch, hug, hold.**
6. **Tune in and respond** to what they look at, do, and say.
7. **Wait for their response.**
8. **Imitate them,** and add words.
9. **Make faces, use gestures.**
10. **Take turns** – don't do all the talking.
11. **Repeat and add** to what they say and do.
12. **Follow their lead,** do what interests them.
13. **Encourage them,** be positive.
14. **Be silly!** Relax and have fun!

## LOS 14 CONSEJOS PARA HABLAR

Use estos consejos para aumentar palabras y turnos al hablar, leer o cantar con un hijo.

1. **Hable** de lo que usted está haciendo y pensando.
2. **Comente** lo que ellos están haciendo o mirando.
3. **Nombre cosas** que les interesan.
4. **Póngase a su nivel:** cara a cara.
5. **Toque, abrace, sostenga.**
6. **Ponga atención y responda** a lo que miran, hacen y dicen.
7. **Espere su respuesta.**
8. **Imítelos** y agregue palabras.
9. **Haga muecas y gestos.**
10. **Tomen turnos:** no sea el único que hable.
11. **Repita y agregue** a lo que dicen y hacen.
12. **Siga su ejemplo,** haga lo que les interesa.
13. **Anímelos,** sea positivo.
14. **¡Sea cómico!** ¡Relájese y diviértase!

LENA®

*Early talk shapes a child's life. LENA shapes early talk.*  
Visit [LENA.org](http://LENA.org) to learn how our programs put powerful data in the hands of families and teachers to improve outcomes for children.

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LENA®

*El habla temprana da forma a la vida de un niño.*  
**LENA da forma al habla temprana.**  
Visite [LENA.org](http://LENA.org) para saber cómo nuestros programas ponen a disposición de las familias y los maestros datos sólidos para mejorar los resultados en los niños.

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# Texas Rising Star QUALITY EARLY CARE & EDUCATION

Visit [www.hotworkforce.com](http://www.hotworkforce.com) for the most updated list.

Texas Rising Star (TRS) is a quality rating and improvement system for Texas early childhood programs. Workforce Solutions for the Heart of Texas Child Care Services administers the TRS Certification Program in Bosque, Falls, Freestone, Hill, Limestone, and McLennan Counties. There are three levels of certification: 2-Star, 3-Star, and the highest quality rating is 4-Star.

## Bosque County

Little Eagles Academy  
804 E. Ave. E  
Valley Mills, TX 76689  
254-709-9645  
beverly.90.jones@gmail.com



Little Tyke Ranch Child Development Center  
2854 FM 219  
Clifton, TX 76634  
254-675-8329  
littletykeranch@gmail.com



## Freestone

Academy for Blessed Children  
105 County Road 941  
Teague, TX 75860  
254-739-0419  
kellie@bcosi.com



## Falls County

BJ's Tiny Tots  
103 Church St.  
Marlin, TX 76661  
254-252-8177  
kevin.jefferson451@gmail.com



Bright Futures  
135 County Road 3000  
Lott, TX 76656  
254-721-6916  
mruclloff61@live.com



Kingdom Builders for Christ Child Care Center  
721 N. State Hwy 6  
Marlin, TX 76661  
254-883-3366  
georgiahenry@hotmail.com



Mother Goose Home Day Care  
118 Neumann Dr.  
Marlin, TX 76661  
254-803-9759  
ligayskin65@sbcglobal.net



## Hill County

Candy's Kids  
112 Private Rd. 331  
Hillsboro, TX 76645  
254-580-2766  
candyskidsdaycare@gmail.com



Tammy's Learning Center  
313 S. Waco St.  
Hillsboro, TX 76645  
254-582-5166  
tlc76645@sbcglobal.net



## Limestone County

Aunt Rosie's Day Care  
834 College Ave.  
Mexia, TX 76667  
254-562-2607  
mistyrgipson@sbcglobal.net



First Methodist Preschool  
208 N. Kaufman  
Mexia, TX 76667  
254-562-7822  
fmpreschool@sbcglobal.net



Kids Kare Academy  
703 Ellis St.  
Groesbeck, TX 76642  
254-729-2427  
o.mcgru@groesbeckisd.net



Wendy Sharp  
207 E. Trinity Street  
Groesbeck, TX 76642  
254-495-3554  
besitosbywendys@yahoo.com



## McLennan County

Babes N Tots Child Care  
1911 N. 6th  
Waco, TX 76708  
254-300-5646  
babesntots16@gmail.com



Baylor University Piper Center  
315 Washington Ave.  
Waco, TX 76701  
254-710-4373  
michelle\_kiefer@baylor.edu



Bosque Valley Child Care Center  
2124 N. 25th St.  
Waco, TX 76708  
979-595-2800  
bs\_bvcs@outlook.com



Bright Horizons Child Care Center  
1511 Bosque Blvd.  
Waco, TX 76707  
254-224-6805  
brighthorizonsccc@gmail.com



Brite Start Child Care Center  
4306 Memorial Dr.  
Waco, TX 76711  
254-227-6274  
brite.start@yahoo.com



Children First Learning Center  
2004 Barnard  
Waco, TX 76701  
254-714-1889  
cflcinc1@gmail.com



Country Child Care  
7520 Franklin Rd.  
Moody, TX 76557  
254-853-3292  
missvalnkids@yahoo.com



Crossroads Fellowship Creative Learning Center  
405 Estate Dr.  
Waco, TX 76712  
254-776-2794  
info@crossroadscclc.org



Ellis Preschool of Waco dba Oak River Preschool  
3200 Pioneer Cir.  
Waco, TX 76712  
254-709-5898  
oakriverpreschool@gmail.com



Faith Academy  
301 Cherry St.  
Waco, TX 76704  
254-292-1234  
faithacademychildcare@gmail.com



First Baptist Preschool  
500 Webster  
Waco, TX 76706  
254-756-6933  
jroach@gmail.com



Future Minds  
809 Lenox  
Waco, TX 76704  
254-799-1420  
greenharr@aol.com



Golden Apple Academy Learning Center LLC  
1300 N. Robinson Dr.  
Robinson, TX 76706  
254-662-1335  
joannamclennan@yahoo.com



Handprints Academy  
14062 China Spring Hwy  
China Spring, TX 76633  
254-836-9991  
mgarza@handprintchildcare.com



Handprints Academy  
120 Woodhew  
Waco, TX 76712  
254-722-5437  
tinapecina@hotmail.com



Happy Hearts Marjorie Gonzales  
3235 Cloverleaf  
Waco, TX 76706  
254-723-2504  
marjgonz1@gmail.com



Infants 123  
2301 Rosewood  
Waco, TX 76710  
254-292-3042  
infants123@yahoo.com



Jumpstart Early Childhood Education  
13341 China Spring Rd.  
China Spring, TX 76633  
254-836-5120  
heather81arnold@gmail.com



Kingdom Kids Care & Academy Day  
2001 N. Valley Mills Dr.  
Waco, TX 76710  
254-224-6372  
kingdomkids254@gmail.com



Lake Shore Baptist Children's Center  
5801 Bishop  
Waco, TX 76710  
254-772-6459  
childrenscenter@lsbcwaco.org



Lil Doodlebugs  
258 Modoc Ave.  
Waco, TX 76705  
254-875-2400  
doodlebugs@ctwa.com



Little Christian Academy III  
601 Towne Oaks Dr.  
Waco, TX 76710  
254-741-6980  
tdechols@aol.com



Little Kids  
107 Topeka  
Woodway, TX 76712  
254-749-7989  
littlekids107@gmail.com



Living Word Christian Day Care  
1719 JJ Flewellen  
Waco, TX 76704  
254-799-7908  
lwcaandchildcare@gmail.com



MCC Child Development Center  
1400 College Dr.  
Waco, TX 76708  
254-299-8720  
dcpoland@mcclennan.edu



Ms. Ida's Child Care Center  
1511 E. League St.  
Waco, TX 76704  
254-753-0195  
eej2018@yahoo.com



Nancy's Playhouse  
1600 N. 16th St.  
Waco, TX 76707  
254-829-7067  
nancysplayhouse347@gmail.com



Our Dreams, Inc.  
9901 Panther Way  
Waco, TX 76712  
254-235-1976  
ourdreams@waco.twcb.com



Parkview Christian Child Care  
1100 E. Lakeshore Dr.  
Waco, TX 76708  
254-753-0327  
parkviewchristianpreschool14@gmail.com



Sanders Academy for Excellence  
1824 Mitchell Ave.  
Waco, TX 76708  
254-339-1135  
sandersacademyforexcellence@yahoo.com



Stellar Prep Academy LLC dba Little Peoples Learning Center  
1407 N. New Rd.  
Waco, TX 76710  
254-755-6556  
office-lplc@hotmail.com



Talitha Koum Nurture Center  
1311 Clay  
Waco, TX 76706  
254-753-1144  
dlosak@Talithakoum.org



Tennyson Playcare Center, Inc.  
5000 Tennyson  
Waco, TX 76710  
254-776-0280  
tennysonplaycare@gmail.com



The Infant House  
3212 Ferndale Dr.  
Waco, TX 76706  
254-214-6470  
joannamclennan@yahoo.com



Think Play Grow Academy  
2000 N. 25th St.  
Waco, TX 76708  
254-732-4881  
thinkplaygrow@yahoo.com



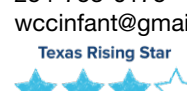
Trinity Lutheran Early Childhood  
264 County Road 143  
Riesel, TX 76682  
254-896-7105  
eclc@tlcriel.org



Waco Child Development Center  
1301 Ross Ave.  
Waco, TX 76706  
254-753-5981  
txchamp@aol.com



Waco Child Development Infant Center  
613 9th St.  
Waco, TX 76706  
254-753-0175  
wccinfant@gmail.com



Talk about what you're doing and thinking.  
Hable de lo que usted está haciendo y pensando.



From birth to 5 years, your child should reach milestones in how he/she plays, learns, speaks, acts and moves. Track your child's development and act early if you have a concern.

# January

December

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31 Test your smoke and carbon monoxide alarms.	1 New Year's Day
2	3	4	5 Act out a favorite story instead of reading it.	6	7	8
9	10	11	12	13 When your toddler points, ask, "What do you want?" Hold up the things you see and keep guessing.	14	15
16 Draw a face on your finger and create a puppet show.	17 Martin Luther King Day	18	19 Visit the library and take the 1,000 Books before Kindergarten Challenge!	20	21	22
23	24 See how many different body parts you and your 2-year old can name.	25	26 Practice your family fire drill.	27 Find shapes in the clouds and make up stories about them.	28	29
30	31	1	2	3	4	5



Working in the Retail Industry?  
You may be eligible for **FREE** Child Care Assistance for an entire year!

Cashiers, Stockers, Customer Service Reps, Store Clerks, & other Retail Workers

**APPLY NOW** for Free Child Care Assistance

✓ Scan the QR code OR ✓ Visit [bit.ly/ccs-sir-app](https://bit.ly/ccs-sir-app)

& Complete the NEW Service Industry Worker Child Care Application. Application Deadline: March 31, 2022

**ChildOne**  
Tomorrow's Workforce Today

[ChildOneTexas.com](https://ChildOneTexas.com)



Comment on what they're doing or looking at.

Comente lo que ellos están haciendo o mirando.

# February

January

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4 Tell your child two things you think they do well.	5
6	7 Waco McLennan County libraries offer free family passes to six Waco museums and attractions.	8 Hang up your child's artwork.	9	10	11 Offer extra hugs, kisses, and cuddles. You will feel better too.	12
13 Praise your child's effort, not just their achievements.	14 Valentine's Day	15	16	17	18	19 When your child is upset, try saying, "It's ok, everyone gets angry. You're safe. I'm here."
20	21 Presidents' Day	22	23	24 Make a list of 5 reasons you are proud of your child and hang it on the refrigerator.	25	26
27	28	1	2	3	4	5



## A NUTRITION PROGRAM FOR GROWING FAMILIES

- \* infants
- \* kids less than 5 years of age
- \* pregnant women and
- \* new mothers

Waco Drive Clinic  
(254) 750-5474

For more information:  
Call – 254-750-5474  
Text – 254-265-7817  
Apply Online – TexasWIC.org

Name things  
that they're  
interested in.

Nombre cosas que  
les interesan.



Act early on developmental concerns to make a real difference for your child and you! If you're concerned about your child's development, don't wait. You know your child best!

# March

February

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
27	28	1	2	3	4	5	
6 Copy your baby's sounds. See if she will copy your sounds.	7	8 Make your grocery list together.	9	10	11 When shopping, ask your child to help find items on your grocery list.	12	
13	14	15	16	17	18	19	
Daylight Saving	20	21 Sing about what you are doing. Babies learn new words when you sing.	22	23	24 St. Patrick's Day	25	26 A song for waking up, sleeping, and other activities helps babies know what comes next.
27	28	29	30	31	1	2	

**WORKFORCE SOLUTIONS**  
HEART OF TEXAS  
CHILD CARE SERVICES

A proud partner of the American Job Center network

The Heart of Texas Workforce Development Board, Inc. is an equal opportunity employer/program and auxiliary aids and services are available upon request to include individuals with disabilities. TTY: (202) 455-7899. Texas services: (711) or (202) 1-800-735-2989 / 1-800-735-2988 (voice).

**Working in the Arts, Entertainment, and Recreation Industry?**  
You may be eligible for **FREE Child Care Assistance for an entire year!**

**Working in a Gym, Movie Theatre, Bowling Center, or as a Personal Trainer?**

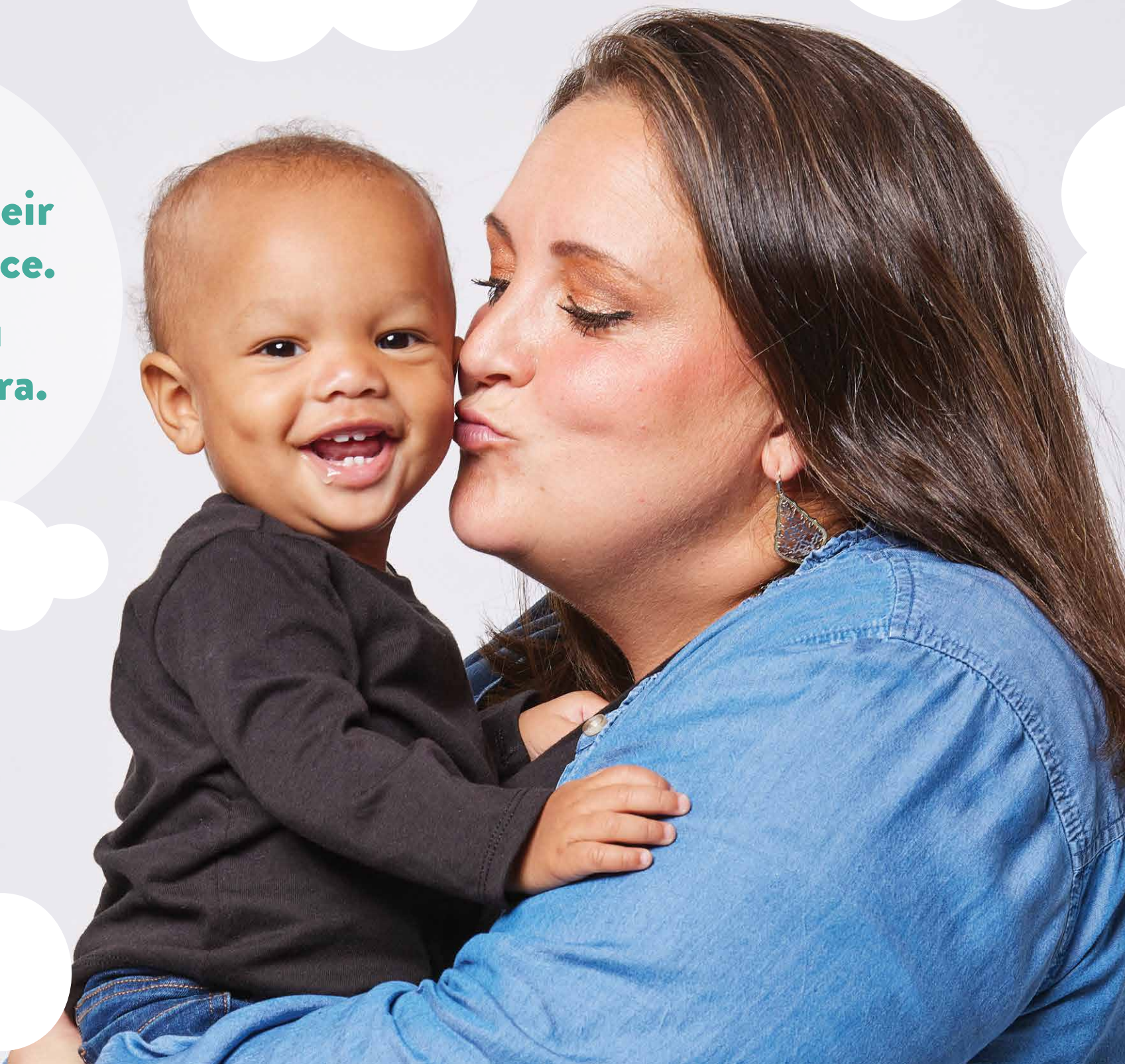
**APPLY NOW**  
for Free Child Care Assistance

✓ Scan the QR code OR ✓ Visit [bit.ly/ccs-sir-app](https://bit.ly/ccs-sir-app)  
& Complete the NEW Service Industry Worker Child Care Application.  
Application Deadline: March 31, 2022

Download the Milestone Tracker App — Visit Learn the Signs Act Early: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

**Get down to their level: face to face.**

**Póngase a su nivel: cara a cara.**



# April

March

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31 Put your phone away and really listen to your child.	1 April Fool's Day	2
3	4	5	6 Play 20 questions with your child.	7	8	9
10	11	12	13	14 Ask your child, "What is that sound?" Help him identify the source.	15	16
17	18	19	20	21	22 Earth Day Slow down, breathe, and enjoy your child.	23
24 Easter Start planning for summer care.	25	26 Turn screens off during mealtimes and talk.	27	28	29	30



Download the Milestone Tracker App — Visit Learn the Signs Act Early: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

**ChildOne**  
Tomorrow's Workforce Today

ChildOneTexas.com



Touch, hug, hold.  
Toque, abrace,  
sostenga.



Milestones matter! How your child plays, learns, speaks, acts, and moves offers important clues about his or her development.

# May

April

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Copy your baby's sounds. See if she will copy your sounds.	10	11	12 Ask your child, "What is that sound?" Take turns guessing.	13	14 Roll, kick, or toss a ball with your child.
15 Mother's Day	16	17 Take turns making animal sounds.	18	19	20	21 Set a goal to read to your child 10 minutes a day.
22	23	24	25 Summer is coming – start planning for summer care.	26	27 Register for a Kids Safe Child Safety Seat Class. Call (254) 202-6538.	28
29	30 Memorial Day	31 Read repetitive books and invite your child to say the words she knows.	1	2	3	4



**Act Early Texas!** provides parents and early childhood professionals (ECP) with information designed to answer the question, "Is this child's development like other children of the same age?"

<https://actearlytexas.org/>

Download the Milestone Tracker App — Visit Learn the Signs Act Early: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

**ChildOne**  
Tomorrow's Workforce Today

[ChildOneTexas.com](http://ChildOneTexas.com)

Tune in and respond to what they look at, do, and say.

Ponga atención y responda a lo que miran, hacen y dicen.



# June

May

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4 Sign up for a Summer Reading program at the public library.
5	6	7	8 Questions about tantrums? Visit <a href="http://www.brazeltontouchpoints.org">www.brazeltontouchpoints.org</a>	9	10 Go for a walk. Decide on two things you are going to look or listen for.	11
12 Sign up for a Summer Reading Program at a public library.	13	14	15	16	17	18
19	20	21	22	23	24	25
26 Father's Day	27	28	29	30	1	2
26 Create a band using things in your home that make sounds.	27	28	29	30	1	2



**Waco McLennan County Library Children's Services**

- Storytime 5 days a week
- Minecraft, Yoga & more to develop healthy minds and bodies
- Family Storytime (Thurs. evenings)
- Saturday activities for busy, working parents
- Special events all year long

**Central Library**  
1717 Austin Avenue  
(254) 750-5941

**East Waco Library**  
901 Elm Avenue  
(254) 750-8620

**South Waco Library**  
2737 S. 18th Street  
(254) 750-8621

**West Waco Library**  
5301 Bosque Boulevard  
(254) 745-6018

**Wacolibrary.org**  
Follow us on Facebook, Twitter & Instagram @Wacolibrary



**Wait for their  
response.  
Espere su  
respuesta.**

From birth to 5 years, your child should reach milestones in how he/she plays, learns, speaks, acts and moves. Track your child's development and act early if you have a concern.

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 Pantomime everyday activities and see who can guess the activity.	2
3	4 Independence Day	5 Move in creative ways, like a rabbit, elephant, or a balloon being filled with air.	6	7	8 Dance to different types of music.	9
10 Parents who read raise children who read.	11	12	13 Visit ChildOneTexas.com for summer care options.	14	15	16 Get a free library card for you and your child.
17 Dance with a ribbon or scarf.	18	19	20	21	22	23
24	25	26 Make storytelling part of your nighttime routine.	27	28	29	30
31	1	2	3	4	5	6

June

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### EOAC Head Start & Early Head Start Child Development Programs

We help build a foundation for your children's success! Our early childhood programs strengthen low-income families and foster healthy development in young children. Early Head Start serves children birth through 3 years of age in our year-round program. Head Start serves children 3-5 years of age in our 10-month program.

*Building a strong future  
one child and family at a time!*

**For more information, please call 254-753-0331 or visit [www.eoacwaco.org](http://www.eoacwaco.org). Find us on Facebook at: EOAC Waco: Changing Lives**



**ChildOne**  
Tomorrow's Workforce Today

ChildOneTexas.com

Imitate them,  
and add words.

Imítelos y  
agregue  
palabras.



# August

July

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
Read to your child.						
7	8	9	10	11	12	13
		Build a fort using a table, sheets, and couch cushions.				
14	15	16	17	18	19	20
		Give your preschooler toilet paper tubes and tape. Let them do the rest.			Tell your child two things you think they do well.	
21	22	23	24	25	26	27
						Take turns stacking blocks. Take turns safely knocking them down.
28	29	30	1	2	3	4
		How tall is your child? Measure and celebrate growing up.				

*Do you need help  
paying for child care?*

If you work, go to school, or participate in job training, you may be eligible for a child care subsidy. Visit our website to learn more.

[www.hotworkforce.com/ChildCare](http://www.hotworkforce.com/ChildCare)

(254) 296-5374  
(800) 772-2269 (outside McLennan County only)

**WORK SOLUTIONS**  
FORCE HEART OF TEXAS  
CHILD CARE SERVICES

Download the Milestone Tracker App — Visit Learn the Signs Act Early: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

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**Make faces, use gestures.**

**Haga muecas y gestos.**



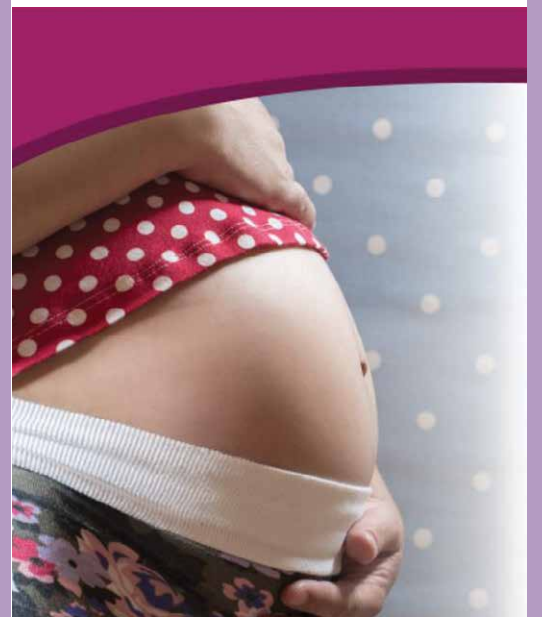
Act early on developmental concerns to make a real difference for your child and you! If you're concerned about your child's development, don't wait. You know your child best!

# September

August

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4 <small>Take a walk on a college campus.</small>	5 <small>Labor Day</small>	6	7	8 <small>Act out a favorite story.</small>	9	10
11	12 <small>Read to your child 10 minutes a day.</small>	13	14	15	16 <small>Pick up a leaf and try to match it to the tree it came from.</small>	17
18	19 <small>Get a free library card for you and your child.</small>	20	21 <small>Take a magnifying glass on a walk and look at rocks, plants, and leaves.</small>	22	23	24
25 <small>Make storytelling part of your nighttime routine.</small>	26	27	28 <small>Parents who read, raise children who read.</small>	29	30	1



**A lot's gonna change  
You've got this!**



(254) 202-1130 Marilyn.Brooks@BSWHealth.org

Download the Milestone Tracker App — Visit Learn the Signs Act Early: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>



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**Take turns – don't do all the talking.**  
**Tomen turnos: no sea el único que hable.**

# October

September

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31 Encourage problem solving. When your child asks questions, say, "What do you think?"	1
2	3 Play along with your child's ideas.	4	5	6 Make up a story together. Draw pictures and make a book.	7	8
9	10 Columbus Day	11 Play dress up and let your child decide who the characters will be.	12	13	14	15 The best toy a child can have is a parent who will play with them.
16	17	18	19	20	21	22 Play the "What if" game.
23	24	25	26	27	28	29
30 Halloween	31	1	2	3	4	5



We provide valuable services to the following:

- Children from birth to 3 years old
- Families with infants and toddlers with development and/or behavioral issues
- Young children with autism/PDD, cerebral palsy, motor or speech delay, vision/hearing impairment, and more
- Families located in McLennan, Hill, Bosque, Falls, Limestone, and Freestone counties
- No one is ever dropped from service due to inability to pay or failure of insurance to pay

Fees are charged on a sliding scale basis. Medicaid and all insurances are accepted.

For more information, visit [www.kcceci.org](http://www.kcceci.org) or call (254) 297-7089 or toll-free at (866) 752-3451.



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Repeat and add to what they say and do.

Repita y agregue a lo que dicen y hacen.



Milestones matter! How your child plays, learns, speaks, acts, and moves offers important clues about his or her development.

# November

October

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
					Play Hind-n-Find with a toy.	
6	7	8	9	10	11	12
Daylight Saving Time End	Pack a notebook and pens so you can draw together.	Election Day			Veterans' Day Take some wet sponges outside and play catch.	
13	14	15	16	17	18	19
						The best toy a child can have is a parent who will play with them.
20	21	22	23	24	25	26
	Kids need at least an hour of active play every day.			Thanksgiving		
27	28	29	30	1	2	3
Move in creative ways, like a rabbit, elephant, or a balloon.		Play Simon Says.				

**Don't let a disability go unnoticed.**

If you know of a child who may have a disability, please contact the special education program at your local service center at (254) 666-0911.



**No deje que una discapacidad pase inadvertida**

Si usted sabe de algún niño que sufre de una discapacidad por favor comuníquese con el programa de educación especial en su centro de servicio local (254) 666-0911.

Region 12  
Education Service Center

Learn more at [www.esc12.net/childfind](http://www.esc12.net/childfind)

Download the Milestone Tracker App — Visit Learn the Signs Act Early: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

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Tomorrow's Workforce Today  
[ChildOneTexas.com](http://ChildOneTexas.com)



Follow their lead,  
do what interests  
them.

Siga su ejemplo,  
haga lo que les  
interesa.

# December

November

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30 Use all 5 senses on your walk today – connect with nature.	1	2	3 Take a walk on a college campus.
4	5	6 Pantomime everyday activities and see who can guess the activity.	7	8	9 Dance to different types of music.	10
11 Pick up a leaf from the ground and try to match it to the tree it came from.	12	13	14 Dance with a ribbon or scarf.	15	16	17
18 Take a 15-minute walk with your child today.	19	20	21	22 Take a magnifying glass on a walk and look at rocks, plants, and leaves.	23	24
25 Christmas Day	26 Read to your child.	27	28	29	30	31 New Year's Eve

## McLennan Community College

### Child Studies and Education Program


Young children need a secure and nurturing environment during the first years of life if they are to grow into healthy, productive adults. As teachers, caregivers, mentors, and role models, the individuals who care for our youngest generation leave a lasting impression.

If you are interested in entering this important career field, enroll in the MCC Child Studies and Education Program and open the door to making a difference in the lives of children. For more information, contact the program director at (254) 299-8786 or [dcopeland@mclennan.edu](mailto:dcopeland@mclennan.edu).



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An Initiative of  
Workforce Solutions for the  
Heart of Texas

[www.ChildOneTexas.com](http://www.ChildOneTexas.com)

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*Building brains through early talk* **GROW**™